



Hello and Welcome

Hello and welcome to St Elmo Autumn/ Winter newsletter!

First of all we welcome those of you who are new to St Elmo, and we hope that you have settled well and are enjoying your time with us.

We would like to take this opportunity to remind you that we have an open door policy here at St Elmo.

Should you wish to speak to Lesley or Kathie you are welcome to drop in any time or call/email to make an appointment to suit you. Thank you for taking time to read our newsletter.

Regards,

Lesley Hatton Manager

Kathie Joyce Deputy Manager

Namaste – to honour the spirit within

Update: We have had some changes in the residents receiving Namaste. This is due to the unfortunate passing of a few members of the home. However while on the end of life care, the home was able to use Namaste as away of providing the spiritual needs for those residents and help make their passing a little easier.

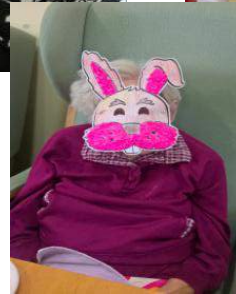
We have still been experiencing some good response's from the residents chosen for this project, especially now that we have added more residents .

We are always looking to improve the care we provide for your loved ones and are still working on building up Namaste in order to achieve this.

It has been identified that residents who are unable to get up only have 5 minutes of non-care interaction. By implementing the Namaste project, we are now starting to see this change at St Elmo.

Namaste is a way of stimulating the senses, by use of sound, touch and smell and the residents chosen for this have little or no communication skills. That however has now begun to change.

Residents having some winter fun



Staff Changes

Staff changes—we were pleased to welcome Jack to the team. He is working with us as part of the apprenticeship scheme and has joined as part of the care team. After many years Ben has decided to leave us. We wish him well with his new venture.

Jayne has left due to health reasons. We wish her all the best.

A number of old faces have started to return on the homes bank, this is due to their children starting to grow up. Gemma K has returned and Trisha is helping us out, when she is able.

Debbie and Kerry are working towards their level 5 care diploma and numerous staffs are working towards their level 2 and 3.

Lesley , Kathie and Vicky went on the dementia bus. What a scary experience. If this is what your loved ones are going through, no wonder they get agitated and frightened. If you ever get the opportunity to go onto the bus, it is worth it. If you would like to experience what your loved ones may be going through the bus is in Christchurch on 16th May. It's free!

Email dementiatour@fairmilegrange.co.uk

Winter and Spring at St Elmo

We hope everyone is having a nice year so far and that you all have had a good Easter holiday. Since the last newsletter, apart from always being busy, we have been up to lots of things. We have been keeping the residents very busy over the Winter/ Spring period. We have had Soft Landings Owl Therapy in again. As always, the residents loved it and really enjoyed being able to hold the owl's. It was nice to see the newer residents get involved too. We have also been celebrating all the saint's days so far. The residents enjoyed some faggots and Scottish music on burns night as well as Valentines fun for St Valentines day. Lets not forget pancake day and Ash Wednesday, which this year fell on St David's day. The residents have also been having a lot of fun making Easter baskets and masks ready for the Easter weekend. It was wonderful to see so many visitors in the home. We always like to see everyone joining in on all the fun we have here at St Elmo.

Vicky is still bringing Faye in on a regular basis, the residents always seem happy to see her and there is always a lovely response from the residents. We are now looking at activities for the Winter period, we are hoping to book Carousel Theatre group in again, as the were such a big hit last year. Vicky is still working alongside Dementia friends to bring Music therapy to the home. It is an on going project and so far has had some good response. Vicky is also still building up the activities box and is continuing to come up with new ideas. If you have anything at home that you think would make a good contribution to the activities box, all donations are welcome.

Complaints and Concerns

We hope you never have the need to Complain. How to complain is displayed on the notice board in Reception.

Internal complaints firstly to Lesley Hatton manager or to Kathie Joyce deputy or the senior in charge of the shift; or to M Pitman (director of Care) Tel 07733263402.

External complaints to Hampshire adult services - tel: 0300 5551375

Quality Care Commission Tel: 03000 616161



For more information contact

Lesley Hatton

or visit

www.qualitycaregroup.co.uk

St Elmo, Gorley Rd, Poulner, Ringwood. BH24 1TH

Upcoming Events

April 23rd : St. George's Day - Patron Saint of England.

May 5th : Red lipstick day

June 11th : Trooping the Colour and the queens official birthday.

June 18th : Father's Day.

June 20th : Musical Music & Wellbeing — 2pm.

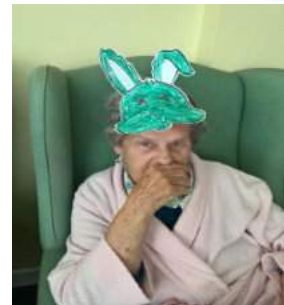
July 21st : Open day with Millers Ark Farm — 2.30pm

July 30th : International Friendship day

October 31st : Halloween.

November 5th : Guy Fawkes Night.

We are looking to have a relatives meeting soon, it will be a cheese and wine evening. We will inform you of the date and time for this soon.



Please keep an eye on the information board in reception and posters around the home. As there are other events in the planning stages and dates not yet finalised.

Always open for ideas to improve the quality of life for the residents at St Elmo

If you have not looked at it yet— for those of you who are computer savvy, St Elmo now has a face book page. Your thoughts are always welcome.

We're Social

We're available on social media too!

Please remember to visit our social media pages and website to like and share our posts.

Stay updated with events and any news.



www.facebook.com/stelmocarehome



+StElmoCareHome



stelmo@qualitycaregroup.co.uk



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