

Summer/Autumn newsletter

**Hello and welcome to St Elmo
Summer/Autumn newsletter!**

First of all we welcome those of you who are new to St Elmo, and we hope that you have settled well and are enjoying your time with us.

We would like to take this opportunity to remind you that we have an open door policy here at St Elmo.

Should you wish to speak to Lesley or Kathie you are welcome to drop in any time or call/email to make an appointment to suit you. Thank you for taking time to read our newsletter.

Regards,

Lesley Hatton
Manager

Kathie Joyce
Deputy Manager



know. Ringwood does have its own local dementia friends group which hold events for families. If this interests you at all the website is:

<https://ringwooddementia.org.uk/>



Residents Having fun with a mixture of activities.



St Elmo news!

Staff changes—we were pleased to welcome Crispina to the team. She has joined us as part of the care team. Crispina has many years of experience in the care industry and is already proving to be an asset to the team. Crispina has joined us as a senior carer.

We like to continue to progress to improve the quality of care we provide.

Currently we are working with West Hampshire Clinical Commissioning Group, to look at ways we can reduce the number of falls in the home. It is proving to be difficult as our residents often

forget they cannot walk unaided. We are also looking at implementing the National Early Warning Score. This means we will be talking the same language as other professionals, hoping to identify infections, so treatment can commence at an earlier stage. With on-going training we aim to deliver the best possible care for your loved one.

PLEASE COME AND SUPPORT US FOR OUR OPEN AFTERNOON ON 21st JULY at 14-00hrs. ENJOY THE VISITING ANIMALS etc.

Relatives Meeting: Cheese and Wine Evening.

Firstly we would like to thank everyone who was able to attend, we really appreciate the time you took out in order to be here. As a whole the meeting was a success and seemed to go down well. Minutes were taken and you should have received a copy of this via the post, even if you weren't able to attend. This ensures that you are all aware of what was said and if you have any questions or comments then you can let us know. The

minutes can also be found on our web and Facebook pages. We are always looking to improve the care we provide for your loved ones and value any input you may have. In the meeting we spoke about organising a support group for families in order for them to speak freely to each other without staff present. If this is something you feel would benefit you then please let us

Spring and Summer at St Elmo

We hope everyone is having a nice year so far and that you are all enjoying this nice weather we are having.

Since the last newsletter, apart from always being busy, we have been up to lots of things.

We have been keeping the residents very busy over the Spring/ Summer period. We have tried something new this time, The home had Musica music and well- being in. The residents seemed to really enjoy getting involved and singing along to all the songs they had to offer. Even in the heat we've been having, the residents really got into it and seemed to really love it. Even the newer residents got involved too. We have also been celebrating Red Lipstick day. The residents enjoyed seeing the staff wearing red in all manor of ways and even started wearing red lipstick themselves. Lets not forget trooping the colour and fathers day. As a way of celebrating the Queen's official birthday, the residents had a traditional tea party. It was nice seeing so many of you in attendance, everyone seemed to be having fun. It's always wonderful seeing everyone joining in on all the fun we have here at St Elmo.

Vicky hasn't been bringing Faye in on a regular basis at the moment, this is due to an operation Faye needed and was in recovery. Thankful Faye is now fully recovered and will be back entertaining the residents very soon. We are now coming up on our yearly open day, we are hoping for good weather and a good day. See you all there.

Vicky is also still building up the activities box and is continuing to come up with new ideas. If you have anything at home that you think would make a good contribution to the activities box, all donations are welcome.

Forth coming events

- September 22nd— Autumnal Equinox - First Day of Autumn.
- September 27th 10.30am— Macmillan Coffee Morning.
- October 2nd— Grandparents Day UK.
- October 31st — Halloween.
- November 1st— All saints day.
- November 5th — Guy Fawkes Night.
- November 11th— Armistice Day.
- November 12th— Remembrance Sunday.
- November 30th— Saint Andrew's Day - Patron Saint of Scotland.
- December 7th 2pm— Soft Landings Owl Therapy.
- December 13th 11am— Carousel theatre company.
- December 21st— Winter Solstice (Shortest Day).
- December 25th — Christmas day.
- December 26th— Boxing day.
- January 1st— New years day.
- January 25th— Burns night.

Please keep an eye on the information board in reception and posters around the home. As there are other events in the planning stages and dates not yet finalised.

Always open for ideas to improve the quality of life for the residents at St Elmo

If you have not looked at it yet— for those of you who are computer savvy, St Elmo now has a face book page. Your thoughts are always welcome.

COMPLAINTS OR CONCERNS

We hope you never have the need to Complain.

How to complain is displayed on the notice board in Reception.

Internal complaints firstly to- Lesley Hatton manager or to Kathie Joyce deputy or the senior in charge of the shift;

or to M Pitman—director of Care Tel 07733263402.

External complaints to - Hampshire adult services - tel: 0300 5551375

Quality Care Commission –tel: 03000 616161



Diary Dates

Keep an eye when come into the home.

PLEASE

If you like what we do. Please tell everyone. In reception are review cards. When submitted they are shown on carehomes.co.uk website

St Elmo Care Home

Gorley Road, Poulner,
Ringwood. BH24 1TH

Email:

stelmo@qualitycaregroup.co.uk

Website:

www.stelmocarehome.co.uk