

Spring/ Summer newsletter

Hello and welcome to St Elmo
Autumn/ Winter newsletter!

First of all we welcome those of you who are new to St Elmo, and we hope that you have settled well and are enjoying your time with us.

We would like to take this opportunity to remind you that we have an open door policy here at St Elmo.

Should you wish to speak to Lesley or Kathie you are welcome to drop in any time or call/email to make an appointment to suit you. Thank you for taking time to read our newsletter.

Regards,

Lesley Hatton
Manager

Kathie Joyce
Deputy Manager



**Carousel Theatre Company and Residents
Christmas Party.**

St Elmo news!

We would like to wish all our residents, relatives and friends a happy and prosperous 2017. 2016 was an eventful year with highs and lows. We did really well by achieving Beacon status GSF and Lorraine Raine winning Hampshire cook of the year. The home had major staffing problems throughout the summer and we are pleased that the majority of staff have returned to back even if it is on reduced hours. Some of the staff who were off on maternity in 2015 have come back to work, but some are working on the homes internal bank and sadly due to

childcare reasons not all have been able to do so.

This year we have increased the staff ratio, so we have the time to afford your loved one the care they require. Hence the increasing number of new faces in the home. We are still currently actively recruiting new staff to join the team.

Staff changes—we were pleased to welcome Zoe to complement our night team and after many years Nicky is leaving us. We wish her well

Namaste –to honour the spirit within

Update: We have been experiencing some good response's from the residents chosen for this project. We are always looking to improve the care we provide for your loved ones and are still working on building up Namaste in order to achieve this. It has been identified that residents who are unable to get up only have 5 minutes of non-care interaction. By implementing the Namaste project, we are now

starting to see this change at St Elmo. Namaste is a way of stimulating the senses, by use of sound, touch and smell and the residents chosen for this have little or no communication skills. That however has now begun to change. we have started to see some promising improvements in the way the residents have been communicating with staff during a Namaste section.

Autumn and Winter at St Elmo

We hope everyone enjoyed their Christmas and would like to wish you all a very happy new year. It doesn't seem possible that a new year is here, where did 2016 go.

Since the last newsletter, apart from always being busy, we have been up to lots of things.

We have been keeping the residents very busy over the Autumn/Winter period, especially around Christmas. We had an amazing visit from Carousel Theatre Company, they performed Little red riding hood and the residents loved it. Then we had the residents Christmas party followed by the local church choir, singing some traditional Christmas hymns. The home had Soft Landings owl therapy in a few times and the response was truly lovely. Many thanks to everyone that supported our Macmillan Coffee Morning, we made £45 for a great cause, we are hoping to do it again this year. It was wonderful to see so many visitors in the home. We always like to see everyone joining in on all the fun we have here at St Elmo.

Vicky is still bringing Faye in on a regular basis, the residents always seem happy to see her and there is always a lovely response from the residents. We are now looking at activities for the summer period, we are hoping to book Millers Ark Farm in again for our open day.

Vicky is still working alongside Dementia friends to bring Music therapy to the home. It is an on going project and so far has had some good response. Vicky is also still building up the activities box and is continuing to come up with new ideas. If you have anything at home that you think would make a good contribution to the activities box, all donations are welcome.

Forth coming events

25th January Burns night— a day of haggis (fagots) and Scottish music and poetry.

February 14th— St Valentines day. Come and join us for a romantic meal with your loved one

February 28th— come and join us and eat pancakes for tea

March 1st— Saint David's Day, Patron Saint of Wales and Ash Wednesday.

March 7th—Soft Landings Owl Therapy.

March 17th— Saint Patrick's Day, Patron Saint of Ireland.

March 26th – Mothering Sunday

April 16th— Easter Sunday and Easter Raffle.

April 23rd— St. George's Day - Patron Saint of England.

June 11th —Trooping the Colour and the queens official birthday

June 18th— Father's Day.

June 21st—summer solstice and half the year already gone.

Residents will be taking part in Red Lippy Day again this year, we are just waiting on the date to be announced.

Please keep an eye on the information board in reception and posters around the home. As there are other events in the planning stages and dates not yet finalised.

Always open for ideas to improve the quality of life for the residents at St Elmo

If you have not looked at it yet— for those of you who are computer savvy, St Elmo now has a face book page. Your thoughts are always welcome.

COMPLAINTS OR CONCERNS

We hope you never have the need to Complain.

How to complain is displayed on the notice board in Reception.

Internal complaints firstly to- Lesley Hatton manager or to Kathie Joyce deputy or the senior in charge of the shift;

or to M Pitman—director of Care Tel 07733263402.

External complaints to - Hampshire adult services - tel: 0300 5551375

Quality Care Commission –tel: 03000 616161



Diary Dates

Keep an eye when come into the home.

PLEASE

If you like what we do. Please tell everyone. In reception are review cards. When submitted they are shown on carehomes.co.uk website

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