

Spring/ Summer newsletter

**Hello and welcome to St Elmo
Summer/Autumn newsletter!**

First of all we welcome those of you who are new to St Elmo, and we hope that you have settled well and are enjoying your time with us.

We would like to take this opportunity to remind you that we have an open door policy here at St Elmo.

Should you wish to speak to Lesley or Kathie you are welcome to drop in any time or call/email to make an appointment to suit you. Thank you for taking time to read our newsletter.

Regards,
Lesley Hatton Kathie Joyce
Manager Deputy Manager



Residents Having fun with Eva Long Productions and Corousel Theatre company over Christmas.

St Elmo news!

Staff changes—we were pleased to welcome Katie to the team. They have joined us as part of the house keeping team.

Zoe has had a baby girl. We wish them both the best

We like to continue to progress to improve the quality of care we provide.

We continue to try and improve on the quality of care that we provide. Including increasing the quality of activities provided to the residents. Please come and join us at the events which Vicky is hosting

After the long wet and cold start to the spring it is nice to see the sunshine again, hopefully we will have a nice summer and we can encourage the residents to enjoy using the garden. Gem works hard at keeping the garden looking good all the time and the residents are more than welcome to assist him, providing he is not using machinery.

The tradition of sweets.

We have now got our sweet cart up and running. It is still a work in progress with the residents ration books, tokens/money yet to be finished. However the residents seem to be enjoying it so far and can even help themselves when wanted. Vicky and other staff will at times take the cart around offering the sweets and weighting them out into bags, this can offer the residents some independence and can even provide some

reminiscence. Going to the sweet shop may of been something they did on a regular basis when growing up. This cart can give them a task, something that they may of done on a daily bases at home. We are looking to improve our home and make it a more dementia friendly place. This includes the sensory table, changing the colours on doors and even the layout of the lounge.



We are now looking at having themed areas in the home. This includes a quieter area, so residents can talk to each other or visitors in private, as they would in their own home.

Winter/Christmas at St Elmo

We hope everyone is having a nice year so far and that everyone enjoyed their Christmas. We would like to wish everyone a good and happy new year.

Since the last newsletter, apart from always being busy, we have been up to lots of things.

We have been keeping the residents very busy over the Autumn/ Winter period. The home welcomed Carousel Theatre company over Christmas again this year. This time their production was Cinderella and the residents seemed to really enjoy it, we will be welcoming them back again this coming Christmas. The home decided to try something new, so we booked Eva Long productions. Their production was of a sing along mother goose and it seemed to go down really well. We hope to have them back again this year. We also welcomed back Mike's Owls (formally Soft Landings). As always, the residents enjoyed seeing the owls and chatting to Mike. Who always manages to put a smile on everyone's face. Lets not forget the Residents Christmas Party. We had Tony Perry in singing for the residents while Vicky provided lots of fun Activities and games for them to do. Thank you to everyone who came and helped celebrate with us over the Christmas period, it was nice to see you all.

Vicky is still working on building up the activities box and is continuing to come up with new ideas. If you have anything at home that you think would make a good contribution to the activities box, all donations are welcome.

Forth coming events

April 20TH — National care home open day, afternoon tea and cakes 14.30.

April 23RD — ST George's day.

April 24TH — Pamper Moring.

May 4TH — Red lippy day, red lippy Olympic games.

May 16TH— Polly Moore arm chair exercises 11am.

May 18TH — Royal wedding arts and crafts.

May 20TH — The Royal wedding.

May 22ND — Tea Tasting morning.

June 9TH — Queen's Birthday.

June 13TH — Musica Music & Wellbeing, 2PM.

July 24TH — Open day with Miller's Ark Farm, 2.30PM-4.30PM.

September 14TH — Mike's owls, 2PM.

Please keep an eye on the information board in reception and posters around the home. As there are other events in the planning stages and dates not yet finalised.

Always open for ideas to improve the quality of life for the residents at St Elmo

If you have not looked at it yet— for those of you who are computer savvy, St Elmo now has a face book page. Your thoughts are always welcome.

COMPLAINTS OR CONCERNS

We hope you never have the need to Complain.

How to complain is displayed on the notice board in Reception.

Internal complaints firstly to- Lesley Hatton manager or to Kathie Joyce deputy or the senior in charge of the shift; or to M Pitman—director of Care Tel 07733263402.

External complaints to - Hampshire adult services - tel: 0300 5551375

Quality Care Commission –tel: 03000 616161



Diary Dates

Keep an eye when come into the home.

PLEASE

If you like what we do. Please tell everyone. In reception are review cards. When submitted they are shown on carehomes.co.uk website

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